

Nithyanandam

(Now some devotees are going to offer their gratitude in the form of Pratyaksha Pada Puja to the sacred lotus feet of our beloved Swamiji.

The devotees are \_\_\_\_\_ & family from \_\_\_\_\_

We also have some devotees offering online Pratyaksha Pada Puja.

The participants are - \_\_\_\_\_ )

Let us now begin the (Paduka Puja) (Pratyaksha Pada Puja)

Please take a few flowers in your hands and close your eyes. Offer the flowers at Swamiji's (paduka) (feet) at the end of the mantra.

|| sadguru-vandanam ||

**nityānandaṁ paramasukhadaṁ kevalaṁ jñānamūrtiṁ  
dvandvātītaṁ gaganasadṛśaṁ tattvamasyādi-lakṣyaṁ |  
ekaṁ nityaṁ vimalaṁ acalaṁ sarvadhī-sākṣi-bhūtaṁ  
bhāvātītaṁ triguṇa-rahitaṁ sadguruṁ tam namāmi ||**

|| guru-paramparā vandanam ||

**sadāśiva-samāraṁbhāṁ śaṅkarācārya-madhyamāṁ |  
asmdācārya-paryantāṁ vande guru-paramparām ||**

|| arunagiri yogi vandanam ||

**lalāe tripuēḍrē niōiladhāta-kastūré-tilakaū  
sphuran-mātrādhāraū sphurita kaōi-kaupēna-vasanaū |  
dadhāno duttūraà çirasi phaëirājaà çaçikalām  
adhéçaū sarveṇām aruëagiri-yogé vijayate ||**

Next is the Sankalpa mantra.

Please take a few flowers in your hands and offer the flowers at Swamiji's (paduka) (feet) at the end of the mantra.

|| sañkalpaḥ ||

mamopātta-samasta-durita-kṣayadvārā-śrī-sadguru-prītyartham śubhe  
śobhane muhūrte ādyabrahmaṇaḥ dvitīya-parārdhe śrī-śveta-varāha-kalpe  
vaivasvata-manvantare ashta-vimshati-tame - kaliyuge prathame pāde jambu  
dvīpe bharata varṣe bharatha khaṇḍe - meroh dakshine parsve - sakabde -  
asmin vartamāne vyavahārike **Prabhavadi-nām shashtyah-samvatsaranam  
madhye** - **Khara nama samvatsare** (to be changed every year as per vedic  
calendar)

\_\_\_\_\_ -ayane

\_\_\_\_\_ -ṛtau

\_\_\_\_\_ -māse

\_\_\_\_\_ -pakṣe

\_\_\_\_\_ -śubhatithau

\_\_\_\_\_ -vāsara-yuktāyām

\_\_\_\_\_ -nakṣatre

\_\_\_\_\_ -yoga

\_\_\_\_\_ -karaṇa

-evam-guṇa-viśeṣaṇa-viśiṣṭāyām asyām śubhatithau

(Chanting of the participants' name) \_\_\_\_\_ nāmadheyasya (male)

\_\_\_\_\_ nāmyāḥ (female) ca sakuṭumbasya

śrīmat-paramahansa-parivrājakācārya-saccidānanda-praṇava-svarūpa-  
śrotriya-brahma-niṣṭha nityotsava nitya-mangala-nitya-kalyāṇa-nitya-rajita-  
nityānanda-dhyānapīṭha-mahā-samsthāna mahā-simhāsana-peeṭha-karṭṛ-

jagadguru-śrī-śrī-śrī-nityānanda-bhagavatpādācārya-prītyartham  
paramahansa-nityānanda-pādāravindayoḥ bhakti-siddhyartham gurukṛpā-  
kaṭākṣa-siddhyartham kṣema-sthairyā-vīrya-vijaya-āyurārogya-aiśvaryaṇām  
abhivṛddhyartham dharmārtha-kāma-mokṣa-caturvidha-phala-purusārtha-  
siddhyartham mama samasta-durutopa-śānttyartham samasta-maṅgala-  
avāptyartham śrī-sadguru-prasādēna-sakuṭumbasya-jñāna-vairāgya-jīvan-  
mukti-prāptyartham-śrī-sarva-deva-devī-svarūpa-sadguru-nityānanda-deva-  
(pratyakṣa-pāda) (paduka)-pūjām kariṣye ||

Next is the Maanasa Puja, the internal worship.

Please take few flowers in your hands and offer the flowers at Swamiji's (Paduka) (Feet) at the end of the mantra.

|| mānasa-pūjā ||

om hṛt-padmam āsanam dadyāt sahasrāracyutāmmṛtaiḥ |  
pādyam caraṇayor-dadyāt manastu-arghyam nivedayet ||

tena-amṛtena ācamaṇyam snāṇyam tena ca smṛtam |  
ākāśa-tattvam vastram syāt gandhaḥ syāt gandha-tattvakam ||

cittam prakalpayet puṣpam dhūpam prāṇān prakalpayet |  
tejas-tattvam ca dīpārtham naivedyam syāt-sudhāmbudhiḥ ||

anāhata-dhvanirghaṇṭā vāyu-tattvam ca cāmaram |  
sahasrāram bhavet chatram śabda-tattvam ca gītakam ||

nṛtyam indriya-karmāṇi cāñcalyam manasas-tathā |  
sumekhalām padma-mālām puṣpam nānā-vidham tathā ||

amāyādyair-bhāva-puṣpaiḥ arcayet bhāva-gocaram |  
amāyam anahaṅkāram arāgam amadam tathā ||

amohakam adambham ca adveṣākṣobhakau tathā |  
amātsaryam alobham ca daśa-puṣpam vidur-budhāḥ ||

ahiṁsā paramam puṣpam puṣpam indriya-nigrahaḥ |  
dayā-puṣpam kṣamā-puṣpam jñāna-puṣpam ca pañcamam ||

iti pañcadaśaih-bhāva-puṣpaiḥ sampūjayet sadgurum ||

We will now enter the Upachara Puja- the external worship.

First offering is Asanam, Offering of seat to the Master.

Please take the asanam in your hands and offer it at Swamiji's (Paduka) (feet) along with the Mantra-

|| āsanam ||

**om sarva-bhūtāntarasthāya sarva-bhūtāntarātmane |  
kalpayāmyupaveśārtham āsanam te namo namaḥ ||**

**|| om hrīm idam suvarṇāsanam sarva-deva-devī-svarūpāya sadguru-  
nityānandāya namaḥ ||**

The next offering is Swagatham, welcoming the Master.

Please take a few flowers in your hands and offer the flowers at Swamiji's (paduka) (feet) along with the mantra

|| svāgatam ||

**om yasya darśanam icchanti devāḥ svābhīṣṭa-siddhaye |  
tasmai te parameśāna svāgatam svāgatam prabho ||  
adya me saphalam janma jīvanam saphalāḥ kriyāḥ |  
svāgatam yat-tvayā tan-me tapasām phalamāgatam ||**

**om hrīm sarva-deva-devī-svarūpa-sadguru-nityānanda-deva-svāgatam  
susvāgatam te ||**

The next offering is Padyam – the offering of water for washing the feet of the Master

Please take a cup of water in your hands and offer it at Swamiji's (paduka) (feet) along with the mantra-

|| pādyam ||

**om yad-bhakti-leśa-samparkāt paramānanda-samplavaḥ |  
tasmai te parameśāna pādyam śuddhāya kalpaye ||**

**om hrīm etat-pādyam sarva-deva-devī-svarūpāya sadguru-nityānandāya  
namaḥ ||**

The next offering is Arghya.

Please take the conch in your hands and offer the Arghya at Swamiji's (paduka) (feet) along with the mantra-

|| arghyaḥ ||

om dūrvākṣata-samāyuktaṁ bilva-patram tathā param |  
śobhanaṁ śaṅkha-pātrasthaṁ ḡḥāṅārghyaṁ maheśvara ||

om hrīm eṣo'rghyaḥ sarva-deva-devī-svarūpāya sadguru-nityānandāya svāhā

The next offering is Achamaniyam – the offering of water for mouth wash.

Please take a cup of water in your hands and offer it at Swamiji's (paduka) (feet) along with the mantra-

|| ācamaṇīyam ||

om mandākinyāstu yad-vāri sarva-pāpa-haram śubham |  
ḡḥāṅācamaṇīyam tvaṁ mayā bhaktyā niveditam ||

om hrīm idam ācamaṇīyodakam sarva-deva-devī-svarūpāya sadguru-  
nityānandāya svadhā ||

The next offering is Madhuparka – the offering of nectarine drink.

Please take the cup of Madhuparka in your hands and offer at Swamiji's (paduka) (feet) along with the mantra

|| madhuparkaḥ ||

om sarva-kalmaṣa-nāśāya paripūrṇa-sudhātmakam |  
madhuparkamimam deva kalpayāmi prasīda me ||

om hrīm eṣa madhuparkaḥ sarva-deva-devī-svarūpāya sadguru-nityānandāya  
svadhā ||

The next offering is Gandha Tailam- the offering of scented oil.

Please take the Gandha Tailam in your hands and offer it at Swamiji's (paduka) (feet) along with the Mantra-

**|| gandha-tailam ||**

**om sneham ḡḥāṇa snehena lokānām hita-kāraka |  
sarva-lokeṣu śuddhastvaṁ dadāmi snehamuttamam ||**

**om hrīm idam gandha-tailam sarva-deva-devī-svarūpāya sadguru-  
nityānandāya nivedayāmi ||**

The next offering is Snaniyam - the Scared Bath.

Please take a cup of milk in your hands and offer it at Swamiji's (paduka) (feet) along with the mantra-

**|| snānīyam ||**

**om idam suśītaṁ vāri svacchaṁ śuddhaṁ manoharam |  
snānārtham te mayā bhaktyā kalpitam pratigḡhyatām ||**

**om hrīm idam snānīyodakam sarva-deva-devī-svarūpāya sadguru-  
nityānandāya nivedayāmi ||**

The next offering is Vastram - the offering of clothes for the Master.

Please take the vastram in your hands and slowly wave towards Swamiji's (paduka) (feet) along with the mantra-

**|| vastram ||**

**om māyā-citra-paṭācchanna-nija-guhyoru-tejase |  
nirāvaraṇa-vijñāya vāsaste kalpayāmyaham ||**

**om hrīm idam vastram sarva-deva-devī-svarūpāya sadguru-nityānandāya  
nivedayāmi ||**

The next offering is Abharanam - the offering of jewellery for the Master.

Please take the jewellery in your hands and offer it at Swamiji's (paduka) (feet) along with the mantra-

**|| ābharaṇam ||**

**om svabhāva-sundarāṅgāya nānā śaktyāśrayāya te |  
suvarṇam bhūṣaṇam tubhyaṁ kalpayāmi prasīda me ||**

**om hrīm idaṁ suvarṇābharaṇam sarva-deva-devī-svarūpāya sadguru-  
nityānandāya nivedayāmi ||**

The next offering is Gandaha – the offering of sandalwood paste.

Please take sandalwood paste in your hands and offer at Swamiji's (paduka) (feet) along with the mantra-

**|| gandhaḥ ||**

**om śarīram te na jānāmi ceṣṭām naiva ca naiva ca |  
mayā niveditān gandhān pratigṛhya vilipyatām ||**

**om hrīm eṣa gandhaḥ sarva-deva-devī-svarūpāya sadguru-nityānandāya  
namaḥ ||**

The next offering is Puṣpam – the offering of flowers.

Please take a few flowers in your hands and offer at Swamiji's (paduka) (feet) along with the mantra-

**|| puṣpam ||**

**om turīya-vana-sampannam nānā-guṇa-manoharam |  
ānanda-saurabham puṣpam gṛhyatām idaṁ uttamam ||**

**om hrīm etāni sacandana-puṣpāṇi sarva-deva-devī-svarūpāya sadguru-  
nityānandāya vaṣaṭ ||**

The next offering is Bilwa patram – the offering of bilwa leaves.

Please take the Bilwa leaves in your hands and offer at Swamiji's (paduka) (feet) along with the mantra-

**|| bilva-patram ||**

**om amṛtodbhavaṃ śrī-vṛkṣaṃ śaṅkarasya sadā-priyam |  
bilva-patram prayacchāmi pavitraṃ te sureśvara ||**

**om hrīm etāni sacandana-bilva-patrāṇi sarva-deva-devī-svarūpāya sadguru-  
nityānandāya vauṣaṭ | |**

The next offering is Tulasi patram – the offering of Tulsi leaves.

Please take the Tulasi leaves in your hands and offer at Swamiji's (paduka) (feet) along with the mantra-

**|| tulasī-patram ||**

**om namaste bahu-rūpāya varadamūrtaye paramātmāne svāhā | |**

**om hrīm idaṃ sacandana-tulasī-patram sarva-deva-devī-svarūpāya sadguru-  
nityānandāya namaḥ | |**

The next offering is Dhoopaha – the offering of incense.

Please take lit incense in your hands and slowly wave towards Swamiji's (paduka) (feet) along with the mantra -

**|| dhūpaḥ ||**

**om vanaspati-raso divyo gandhāḍhyaḥ sumanoharaḥ |  
āghreyaḥ sarva-devānāṃ dhūpoyaṃ pratigr̥hyatām | |**

**om hrīm eṣa dhūpaḥ sarva-deva-devī-svarūpāya sadguru-nityānandāya namaḥ  
| |**



The next offering is Deepaha – the offering of light.

Please take lit lamp in your hands and slowly wave towards Swamiji's (paduka) (feet) along with the mantra -

|| dīpaḥ ||

om suprakāśo mahā-dīpaḥ sarvatastimirāpahaḥ |  
sabāhyābhyantara-jyotiḥ dīpoyam pratigṛhyatām ||

om hrīm eṣa dīpaḥ sarva-deva-devī-svarūpāya sadguru-nityānandāya namaḥ  
||

The next offering is Naivedyam – the offering of food.

Please take the Naivedyam in your hands and slowly wave towards Swamiji's (paduka) (feet) along with the mantra-

|| naivedyam ||

om naivedyam vividham deva śarkarādi-vinirmitam |  
mayā niveditam bhaktyā gṛhāṇa parameśvara ||

om hrīm idam sopakaraṇa-naivedyam sarva-deva-devī-svarūpāya sadguru-  
nityānandāya nivedayāmi ||

The next offering is Paaneeyam - the offering of water for drinking.

Please take a cup of water in your hands and offer it at Swamiji's (paduka) (feet) along with the mantra-

|| pānīyam ||

om samasta-deva-deveśa sarva-tṛpti-karam param |  
akhaṇḍānanda-sampūrṇam gṛhāṇa jalam uttamam ||

om hrīm idam pānārthodakam sarva-deva-devī-svarūpāya sadguru-  
nityānandāya namaḥ ||

The next offering is Punarachamaniyam – the offering of water for washing the hands and the mouth.

Please take a cup of water in your hands and offer it at Swamiji's (paduka) (feet) along with the mantra-

**|| punarācamanīyam ||**

**om ucchiṣṭa-mapya-śucirvā yasya smaraṇa-mātrataḥ |  
śuddhim āpnoti tasmai te punarācamanīyakam ||**

**om hrīm idaṁ punarācamanīyodakaṁ sarva-deva-devī-svarūpāya sadguru-  
nityānandāya svāhā ||**

The next offering is Aaratrikam – the offering of arati to the Master.

Please take the arati in your hands and slowly wave towards Swamiji (paduka) along with the mantra.

**|| ārātrikam ||**

**om hrīm eṣā dīpa-mālā sarva-deva-devī-svarūpāya sadguru-nityānandāya  
namaḥ ||**

**om rājādhi-rājāya prasahya-sāhine |  
namo vyaṁ vaiśravaṇāya kurmahe |  
sa me kāmān kāma-kāmāya mahyaṁ |  
kāmeśvaro vaiśravaṇo dadātu |  
kuberāya vaiśravaṇāya |  
mahārājāya namaḥ ||**

**karpūra-gauram karuṇāvatāram saṁsāra-sāram bhujagendra-hāram |  
sadā-vasantam ḥṛdayāravinde bhavam bhavānī-sahitam namāmi ||**

**ārātrikam samarpayāmi sadguru-caraṇa-kamalebhyo namaḥ ||**

The next offering is Pushpanjali – the offering of fragrant flowers.

Please take a few flowers in your hands and close your eyes till the end of the mantra. Offer the flowers at Swamiji's (paduka) (feet) at the end of the mantra.

|| puṣpāñjaliḥ ||

**gururbrahmā gururviṣṇuḥ gururdevo maheśvaraḥ |  
guruḥ sāksāt paraṁ brahma tasmai śrī-gurave namaḥ ||**

**akhaṇḍamaṇḍalākāraṁ vyāptaṁ yena carācaram |  
tatpadaṁ darśitaṁ yena tasmai śrī-gurave namaḥ ||**

**ajñāna-timirāndhasya jñānāñjana-salākayā |  
cakṣurunmīlitaṁ yena tasmai śrī-gurave namaḥ ||**

**aneka-janma-samprāpta-karma-bandha-vidāhine |  
ātma-jñāna-pradānena tasmai śrī-gurave namaḥ ||**

**mannāthaḥ śrī-jagannātho madguruḥ śrī-jagadguruḥ |  
mamātmā sarva-bhūtātmā tasmai śrī-gurave namaḥ ||**

**īśvaro gururātmeti mūrtil-bheda-vibhāgine |  
vyomavad-vyāpya-dehāya dakṣiṇāmūrtaye namaḥ ||**

**nityānandaṁ paramasukhadaṁ kevalaṁ jñānamūrtiṁ  
dvandvātītaṁ gaganasadṛśaṁ tattvamasyādi-lakṣyam |  
ekaṁ nityaṁ vimalaṁ acalaṁ sarvadhī-sākṣi-bhūtaṁ  
bhāvātītaṁ triguṇa-rahitaṁ sadguruṁ taṁ namāmi ||**

|| puṣpāñjaliṁ samarpayāmi sadguru-caraṇakamalebhyo namaḥ ||

|| om nityānandaṁ ||

OM - svasti prajābhyaḥ paripālayantām  
nyāyena mārgēṇa mahīm mahīśāḥ  
go-brāhmaṇebhyaḥ śubhamastu nityam  
lokāḥ samastāḥ sukhino bhavantu  
kāle varṣatu parjanyaḥ pṛthivī sasya śālinī  
deśo'yam kṣobha-rahitaḥ brāhmaṇāḥ santu nirbhayāḥ

iti svasti mantrārthāḥ satyāḥ saphalāḥ bhavantu iti  
bhavanto mahānto'nugṛhṇantu

tathāstu

aputrāḥ putriṇāḥ santu putriṇāḥ santu pautriṇāḥ  
adhanāḥ sadhanāḥ santu jīvantu śaradaḥ śatam

iti bhavanto mahānto'nugṛhṇantu

tathāstu

rājā dharmapatiḥ prajāḥ sucaritāḥ pūjādhanāḥ sajjanāḥ ṣaṭkarmapravarāḥ  
dvijāḥ pratidinaṁ vidyā anavadyā sadā vāṇī sannihitā ciraṁ kavimukhaiḥ  
sānandamavyākulāḥ

sarve santu vaidikadharmānuṣṭhātāraḥ saujanya  
santoṣiṇāḥ iti svasti mantrārthāḥ satyāḥ saphalāḥ bhavantu

iti bhavanto mahānto'nugṛhṇantu

tathāstu

asya deva devasya mahādevasya akhilāṇḍakoṭi brahmāṇḍa-nāyakasya  
sakalabhuvi sṛṣṭi-sthiti-samhāra-tirobhāva-anugrahākhyā-pañcakṛtya -  
parāyaṇasya ādimadhyāntarahitasya aprameya-parākramasya  
tattvārthagocarasya

ṣṛé nityānandeṣvāryambā-sameta-ṣṛé nityānandeṣvara paraṣiva svarūpasya  
śrī-meenakshi amba svarūpasya  
śrī-adiguru aruna-yogiswara- svarūpasya

śrī-paramahāmsasya parivrājakācāryasya saccidānanda-praṇava-svarūpasya  
śrotriya-brahma-niṣṭhasya nityotsava nitya-mangala-nitya-kalyāṇa-nitya-  
rajita- nityānanda-dhyānapīṭha-mahā-samsthāna mahā-simhāsana-pīṭha-  
kartuḥ

**jagadguroḥ paramahaṁsa-nityānanda-svāminaḥ-pādāravindayoḥ bhakti-siddhiḥ sameṣāṁ sahaḥkuṭumbānāṁ sakalaiśvarya prāptiḥ gurukṛpā-kaṭākṣa-siddhiḥ**

**kṣema-sthairya-vīrya-vijaya-āyurārogya-aśvaryaṇām  
abhivṛddhiḥ arogaḍḍhagātratā siddhiḥ  
ācandrārkaḥśābhivṛddhiḥ dharmārtha-kāma-mokṣa-catur-vidha-phala-purusārtha-siddhiḥ sarveṣāṁ manasā cintita satkāryānukūlasiddhiḥ**

**sarva-deva-devī-svarūpasya sadguru-nityānanda-devasya pādāravindayoḥ  
acañcalā bhakti siddhiḥ śrī-sadguru-prasādena-sakuṭumbasya-jñāna-vairāgya-jīvan-mukti-prāptiśca bhūyāt**

**iti bhavanto mahānto'nugṛhṇantu - tathāstu**

**sarve janāḥ sukhinaḥ santu - tathāstu  
sarveṣāṁ śāntirbhavatu - tathāstu  
samasta sanmaṅgalāni santu - tathāstu  
sarvatra dhyānapīṭha dhvajārohaṇaṁ bhavatu - tathāstu  
sarveṣāṁ paramahaṁsa-nityānanda-bhagavatpādācāryasya-paripūrṇa kṛpā-kaṭākṣa-siddhiḥ astu - tathāstu  
ayaṁ dharmāḥ uttarottaram abhivṛddhiḥ astu - tathāstu  
sarvaṁ śrī sadguru pādukārpaṇam astu | |**

**| | om nityānandam | |**